



Caring for a family member  
or friend with a health  
condition? We want to  
help *you*.

teva



## Teva Canada and this pharmacy are committed to caring for caregivers

If you're a family member or friend caring for a loved one with a health condition, then you're a caregiver. You may be handling everything just fine, you may have questions about the future, or you may feel overwhelmed by your responsibilities. Wherever you are in the care journey, we know that sometimes, caregivers can't do it alone.

That's why, at Teva, we are committed to helping the millions of Canadians like you, who do the tireless, everyday work of providing care.

### Ask your pharmacist for help

This pharmacy has received training to make your care experience easier. That means it can offer support for the person in your care—and you. Ask your pharmacist about how to get started. Just say, "I'm caring for a loved one, and I could use some help."



## Tools to support you in the caregiver journey

This pharmacy may offer the following products that can help the person in your care:

- pill organizers and cutters
- liquid food supplements and food thickeners
- vitamins and other non-prescription products
- products for incontinence and personal hygiene
- mobility aids (such as canes, walkers, etc.)
- safety products (such as grab bars, raised toilet seats, etc.)
- alarms and other technology aids

This pharmacy may also offer some of the following services:

- blister/compliance packaging for multiple medications
- medication reviews
- flu shots and other vaccines
- educational services about caregiving for specific conditions and treatments
- prescription home delivery
- providing lists of community resources that can help in your care experience



## We're here when you need us—and more help is available online

Find these and other helpful resources on our website at [TevaCanada.com/Caregivers](https://www.TevaCanada.com/Caregivers):

- a caregiver handbook, helping you navigate the healthcare system
- a caregiver self-assessment, which asks, “how are you doing through all of this?”
- guides that offer a caregiver’s perspective on cancer, dementia, multiple sclerosis and HIV/AIDS
- tools to share with healthcare professionals, making it easier to keep everyone informed
- power of attorney forms, allowing you to communicate openly with members of the healthcare team
- links to caregiver and patient support organizations in your community
- links to helpful apps for caregivers