



teva | Canada

Brands. Generics. **Biosimilars.**

 Pr **Ranopto**™

Ranibizumab for injection  
2.3 mg/0.23 mL • 10 mg/mL

# A GUIDE TO YOUR TREATMENT PLAN WITH Pr RANOPTO™

Before starting RANOPTO, please talk to your healthcare professional and read the Patient Medication Information that came with your medication.



IF YOU'RE NOT COMFORTABLE READING THIS BOOKLET,  
**ASK YOUR CAREGIVER OR HEALTHCARE PROVIDER FOR HELP.**



# HOW TO USE THIS BOOKLET

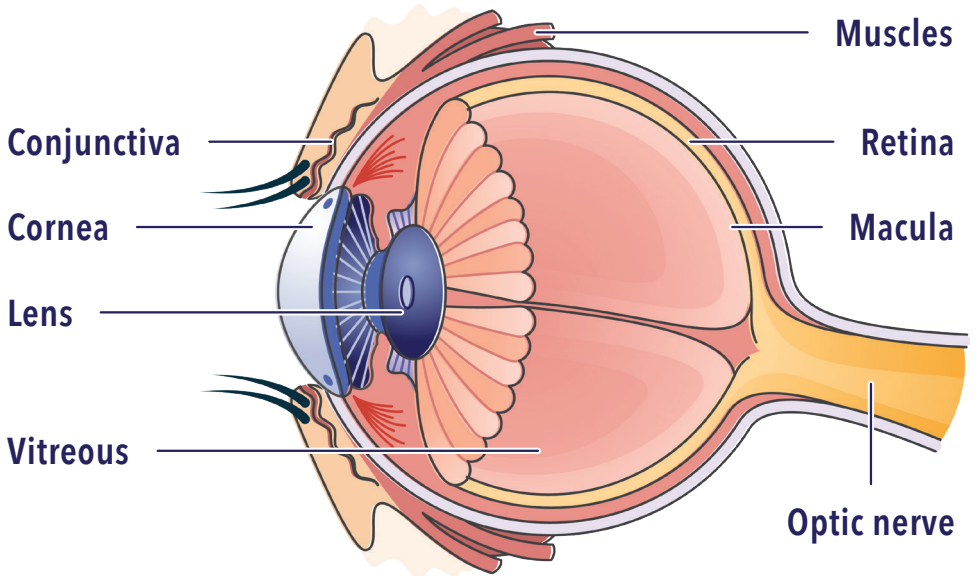
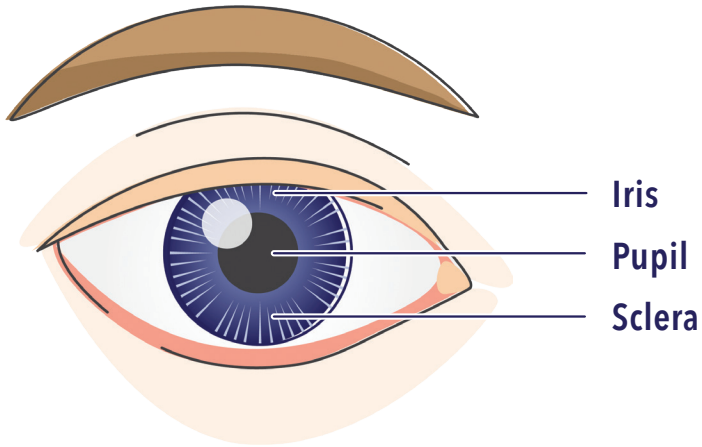
This booklet is intended to help both you and your caregiver to better understand your diagnosis and treatment plan.

To ensure your caregiver has the correct information, it is encouraged that they also view this booklet and take pictures or notes wherever necessary.



**Let's get started!**

# COMPONENTS OF THE EYE



# ABOUT YOUR CONDITION

## The retina:

A light-sensitive area that lines the back of your eye. The retina is what attaches your eye to your nervous system by sensing light and converting it into neural signals that your nervous system picks up. If damage occurs in this part of the eye, it may decrease vision.

## The macula:

Part of the retina, the macula is a small area of the eye that's important for central vision. The macula is what helps you see fine details and colour.

## Choroidal neovascularization (CNV):

Leaky abnormal blood vessels in the eye that may damage the retina and decrease vision.

**Wet age-related macular degeneration (AMD), diabetic macular edema (DME), retinal vein occlusion (RVO), and CNV are retinal diseases that affect both the retina and the macula of your eye. This is caused by CNV, which is the growth of leaky abnormal blood vessels in the retina that may decrease vision.**



**It's important that you get regular eye exams to check for decreased vision.**



**Talk to your healthcare provider if you have any questions or want to learn more about your condition!**

# ABOUT RANOPTO

## What is RANOPTO?

RANOPTO is a biosimilar biologic drug (biosimilar) to the reference biologic drug <sup>Pr</sup>Lucentis<sup>®</sup>. A biosimilar is authorized based on its similarity to a reference biologic drug that was already authorized for sale.

## What does RANOPTO treat?

RANOPTO is used to treat damage to the retina (the light-sensitive back part of the eye) caused by growth of leaky abnormal blood vessels (CNV) in diseases that may cause decreased vision, such as:

- Wet AMD,
- DME, or edema due to RVO, where fluid accumulates in the back of the eye, causing swelling ("edema"),
- CNV secondary to pathologic myopia (PM),
- CNV due to other causes.

# RANOPTO ADMINISTRATION

## How will RANOPTO be administered to me?

**All RANOPTO injections will be administered by your healthcare professional. Follow their instructions carefully.**



RANOPTO IS GIVEN AS A SINGLE INJECTION INTO YOUR EYE.

THE USUAL DOSE IS 0.05 mL (WHICH CONTAINS 0.5 mg OF MEDICINE).



THE INTERVAL BETWEEN 2 DOSES SHOULD NOT BE SHORTER THAN 1 MONTH.

Before the injection, your healthcare professional will use a topical agent that kills germs or wash your eye carefully to prevent infection. They will also give you a local anesthetic to reduce or prevent any pain you might have with the injection.



# RECOMMENDED DOSAGE

## Wet AMD



Once-a-month in the first 3 months

Afterwards, your healthcare professional will continue to monitor your vision and the frequency of dosing can be between 1 and 3 months.

- RANOPTO given every 3 months was not as effective as when given once a month.

## Visual loss due to DME or macular edema in RVO



Once-a-month injection

Your healthcare professional will monitor your vision monthly.

- If your vision remains the same while you are being given RANOPTO treatment, they may decide to stop treatment.
- They will continue to monitor your vision monthly and will decide if treatment with RANOPTO should be resumed or not.
- They may decide that you also need to be treated with laser for these conditions.
  - If that's the case, laser treatment can be administered together with RANOPTO.

# RECOMMENDED DOSAGE

## Visual loss due to CNV



### Starting with one injection

Your healthcare professional will continue to monitor the condition of your eye.

- Depending on how you respond to the treatment, they will decide whether and when you need to receive the next injection of RANOPTO.

## Visual loss due to CNV secondary to PM



### Starting with one injection

Your healthcare professional will continue to monitor the condition of your eye.

- Depending on how you respond to the treatment, they will decide whether and when you need to receive the next injection of RANOPTO.



**IF YOU NOTICE ANY CHANGES AFTER YOU HAVE BEEN GIVEN RANOPTO, PLEASE INFORM YOUR HEALTHCARE PROFESSIONAL IMMEDIATELY.**

# SIDE EFFECTS OF RANOPTO

**What are possible serious side effects from using RANOPTO, and what should I do about them?**

**Like all medicines, RANOPTO can cause side effects, although not everybody gets them.**

With administration of RANOPTO, there may be some side effects, mostly in the eye and due to the injection procedure.

Occasionally an infection in the internal portion of the eye, detachment or tear of the retina, or clouding of the lens may occur after RANOPTO treatment. Other side effects include pain or redness and increased eye pressure.

It is important to identify and treat such a type of infection or retinal detachment as soon as possible. Please tell your healthcare professional immediately if you develop signs such as eye pain or increased discomfort, worsening eye redness, blurred or decreased vision, an increased number of small particles in your vision, or increased sensitivity to light.

These are not all the possible side effects you may have when taking RANOPTO.



TELL YOUR HEALTHCARE PROFESSIONAL **EVERY TIME** YOU EXPERIENCE ONE OF THE FOLLOWING:

- Pain or redness in the eye
- Detachment of the layer in the back of the eye
- Tear of the layer in the back of the eye
- Increased pressure in the eye
- Signs of stroke, such as weakness or paralysis of limbs or face, or difficulty speaking or understanding
- Signs of non-ocular hemorrhage, such as black or tarry stool, vomit that looks like coffee grounds, weakness, headache or abrupt onset, nausea, and vomiting, purplish bruises on the skin, etc.
- Infection in the eye
- Clouding of the lens



**IF YOU EXPERIENCE THE FOLLOWING SIGNS, PLEASE GO TO THE HOSPITAL EMERGENCY AS IMMEDIATE MEDICAL CARE IS NEEDED:**

- Signs of stroke, such as weakness or paralysis of limbs or face, or difficulty speaking or understanding

**If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.**

After RANOPTO treatment, you may experience some short-term vision blurring. If this happens, do not drive or use machines until this resolves.



**For more information on possible side effects, see the Patient Medication Information included in your RANOPTO package.**



**FOR CAREGIVERS:**

**Take a picture or note these side effects in case your loved one might be experiencing some of them.**

# LIVING WITH YOUR CONDITION

If you've been diagnosed with wet AMD, DME, RVO, or CNV, it's important to know that your vision can change quickly.

Here are some tips that may help manage your condition.

TIP 1

## ORGANIZE YOUR HOME

Making your home safe and comfortable is essential for your condition, and the best way to do that is by keeping your home nice and organized. You can do this by:



**Keeping your home free of obstacles** (e.g. loose rugs, chairs, small tables), which may get in the way and cause a fall



**Keeping your home well lit**



**Minimizing glare from windows**



**Keeping things in easy-to-reach spots**



TIP

2

## USE TOOLS THAT HELP WITH YOUR VISION CHANGES

Tools that help with your vision changes can help you live an independent life. Here are some examples of tools that you can look into:



**Magnifying glasses, lenses, screens, and stands** come in many different sizes and can help you with reading, watching TV, or other tasks of this nature.



**Bright reading lamps** that are easy to move around. These can help keep your home well lit so that you can see better, whether you're cooking up a new recipe or playing with your pet.



**Devices with voice recognition** that use your voice to control features. This can be helpful if you want to search the web, send someone a text message, or even open an app. Specifically, digital home assistants and smart speakers can be useful if you want to check the weather, turn on a light, adjust the thermostat, or lock your door.



**Electronics that let you enlarge the font size** to make reading easier. You can consider getting computer monitors, laptops, tablets, or televisions with a larger screen.

If you have a small electronic device, like an iPhone or an Android, you can follow these steps to increase the font size:

### iPHONE:

1. Go to Settings > Accessibility, then select Display & Text Size.
2. Tap Larger Text for larger font options.
3. Drag the slider to select the Font size you want.

### ANDROID:

1. On your device, open the Settings app.
2. Search and select Font size.
3. To change your preferred font size, move the slider left or right.



TIP 3

## OCCUPATIONAL THERAPY AND VISION REHABILITATION



Sometimes living with your condition can become difficult and hard to manage all on your own. Should you require any help, consider seeing an occupational therapist or setting up vision rehabilitation.



If you have any questions or need a referral, talk to your healthcare provider.

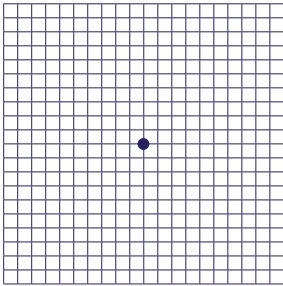


FOR CAREGIVERS:

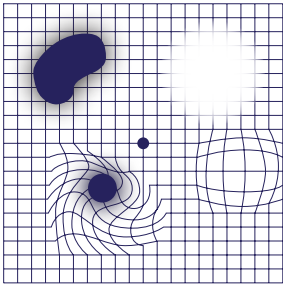
Take a picture or note these tips in case your loved one might need help with some of them.

# MONITORING YOUR VISION

The Amsler Grid is a special testing tool that can help you check your eyesight every day and help you find vision changes that are not obvious. When using the Amsler Grid, here's what you can expect:



USE THIS AS A POINT OF REFERENCE WHEN CHECKING YOUR EYE VISION.



When using the grid, note the areas of the grid that appear darker, wavy, blank, or blurry. It's important that you use the Amsler Grid daily to monitor your vision and check if anything starts to change.



FOR YOUR OWN AMSLER GRID, TAKE A LOOK AT THE NEXT PAGES.

# HERE'S YOUR OWN AMSLER GRID THAT CAN HELP YOU KEEP TRACK OF YOUR EYESIGHT DAILY.



**MAKE SURE TO PLACE IT IN A SPOT WHERE YOU WON'T LOSE IT.**

## HERE'S HOW TO USE IT:

1. Hold the grid 12 to 15 inches away from your face in good light.
2. Cover one eye.
3. Look directly at the centre dot with your uncovered eye and keep your eye focused on it.
4. While looking directly at the centre dot, notice in your side vision if all grid lines look straight or if any lines or areas look blurry, wavy, dark, or blank.
5. Follow the same steps with the other eye.

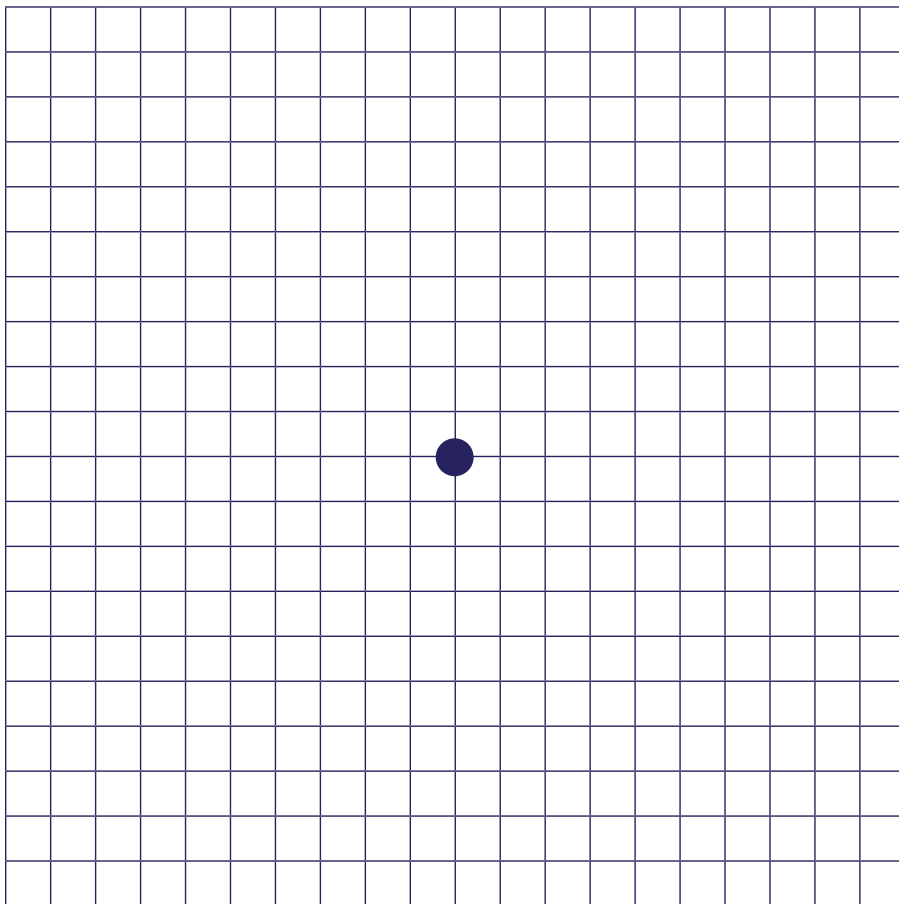


**FOR CAREGIVERS:**

**Take a picture or note these instructions in case your loved one might need help with some of them.**



## MONITORING YOUR VISION WITH THE AMSLER GRID



MAKE NOTE OF AREAS OF THE GRID THAT APPEAR DARKER, WAVY, BLANK, OR BLURRY, AND **CONTACT YOUR HEALTHCARE PROVIDER RIGHT AWAY IF YOU NOTICE ANY CHANGES.**

# YOUR HEALTHCARE TEAM

## Eye clinic contact information

Person name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Clinic address: \_\_\_\_\_

Email: \_\_\_\_\_

Additional information: \_\_\_\_\_

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**Write down any additional questions you may have for your healthcare provider about your diagnosis and RANOPTO treatment plan.**

**Some common questions:**

1. What should I know about my diagnosis?
2. How do I prepare for my next appointment?
3. What are the common side effects?
4. How often do I need to follow up?

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# REMEMBER THAT YOU ARE NOT ALONE

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## Learn more by visiting:

- The Canadian National Institute for the Blind (CNIB) Foundation – [cnib.ca](http://cnib.ca)
- Vision Loss Rehabilitation Canada – [visionlossrehab.ca](http://visionlossrehab.ca)
- The Foundation Fighting Blindness – [fightingblindness.org](http://fightingblindness.org)
- Association québécoise de la dégénérescence maculaire – [aqdm.org](http://aqdm.org)
- Canadian Council of the Blind – [ccbnational.net](http://ccbnational.net)



YOU AND  
YOUR CAREGIVER CAN:

Take a picture of these websites  
in case you need help  
finding them.



Scan here  
to receive a  
digital version  
of this booklet.

**teva**

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